

# I AM NATION

*newsletter*

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## **Motah Chronicles**

by Phillel

### **Personal Resurrections**

**DR. HANNIBAL:** We have cleared the mesh and may now filter through the next wave of light for your personal resurrections during this all-important phase of light-body anchoring, which will take you through Easter to complete the inauguration of the new step. And then the rest of the spring cycle you will be asked to hold this frequency and broadcast it to the mass consciousness, that they may incorporate the phasing-down for the planetary upliftment on a more mass scale.

But beware of the onset of more vociferous reactions that will be engendered in response to the new wave of hierarchal action. Remain at your posts as you absorb this preliminary level, as more will be required of you as we develop this series of bombardments.

All is well and we are pleased with your absorption at this stage. Be attentive and you will be guided securely.

This is Hannibal, relaying Sananda's orders to his light brigade. Go forth now and heal the masses of their mortal proclivities to resist this resurrection into the light. We are one with you. So be one with us. Over and out.

— *March 22, 2009*

## First Day of School

**DREAM:** It was the first day of high school. I walked around the hallways with other students in order to become oriented. The first thing I noticed was that a nonprofit organization offered free school supplies to every student; a novel idea, I thought. There were several kiosks or alcoves throughout the school where one could obtain whatever supplies one needed, including clothes. I stopped and picked up several items.

**Interpretation:** Obviously this dream relates to Hannibal's communication of March 22nd, announcing the beginning of the wave of light for light-body anchoring and personal resurrections leading up to Easter. It's the first day of high school: the first step in moving into a higher consciousness in this cycle. I am orienting myself, picking out supplies I need in order to do my class work effectively. Spirit freely provides all supplies.

— *March 24, 2009*

## Sananda Will Transfigure the 144,000 Elect

**HIERARCHAL BOARD MEDITATION:** Our theme was to intune with the Hierarchal Board in order to absorb the new wave of light for our personal resurrections during this Easter cycle. Soon after entering meditation, I was overshadowed by my light body. The softly scintillating etheric force field encompassed my aura and interpenetrated my physical body. I sought guidance from my I Am presence.

Eventually, a sphere of white light anchored into my crown chakra and formed around my head, producing a powerful halo effect. Sananda then overshadowed me. He appeared in a typical representation as Christ Jesus. Tall and well-toned, he wore a long white robe, which was blindingly bright to my inner vision. He had dark brown shoulder-length hair, a short-cropped beard, and brown eyes. During our communion, the Master conveyed the following thoughts:

In the lead-up to Easter, inaugurating the new wave of personal resurrections, Sananda will conduct a series of transfigurations through the identified 144,000 elect: those light workers, of all walks of life and spiritual pathways around the world, who freely have elected to serve the Second Coming program, by whatever name they choose to label it.

Sananda will transfigure, infiltrate and suffuse his light body through the light-body essence of each person who is receptive and who has chosen to serve the divine plan. In his position as Prince of Earth, he personally will bring to each disciple a specific blessing. This blessing, in effect a high-energy transfer unique unto each one, will be the key to unlock the precise code that will bring that individual to a higher notch of spiritual resurrection by Easter. "I will magnify myself through each one," Sananda said.

Each of us has a different code that Sananda will trigger. Our code represents our individual set of circumstances: our personal soul karma, as accumulated from this and past lives; the diverse patterns we are transforming in our present embodiment; our particular needs for healing and realignment; the categories we example for mass consciousness in our relationships, family

units, careers, backgrounds, religions and philosophies, positions of service to the hierarchal program.

All these comprise complex formulas that require a unique equation to resolve and to bring into higher balance with the Hierarchy's goals for planet Earth. No two formulas are alike.

Each of us will experience Sananda's transfiguration in a different way, depending on what is most needed in our service for the highest good of all at this stage of the Second Coming program.

Thus, some will receive new insights to overcome long-standing soul challenges. Some will have mental-emotional or physical healings of heretofore immovable conditions. Some will be sparked with new enthusiasm and determination to accomplish their spiritual missions. Some will find a greater facility with light-body contact and projection, as certain blockages will be dissolved and a new alignment will be effected. Some will awaken to new opportunities of service, new avenues to explore that had not been on their radar screen. Some even will experience a literal, tangible transfiguration, either in dream or meditation, and will be aware of Sananda/ Jesus' presence in the light body.

Sananda's series of transfigurations will bring each one to a new step by Easter. But it will be only the first step, the first lesson in a new mastership class in the university of life. (That further explains my dream of March 24th, wherein I was orienting myself on the first day of high school.) Once we achieve this new resurrection in consciousness, we must hold the energy steady, incorporate it fully through all levels of our being, and broadcast it to all in mass consciousness.

The higher light-body anchoring in itself will present a whole new set of challenges to master. The going will not be easy or assured. We will have to deal with adverse reactions to this input of light, as Hannibal indicated on March 22nd.

When Sananda explained all these things to me, I implored him, "Master, show us the way!" To demonstrate his point, he stood behind me, placed his hands on my head, and blessed me. Through my crown chakra he transferred the energy code that would unlock my own next step in resurrection. I decreed: "I serve Spirit only! Father-Mother God, unfold my light-body talents and powers only to the degree that they serve the highest good of all on Earth and within this solar system. Sananda, I rededicate myself to serving your needs for the Second Coming. So be it. Thank you for your blessing. Thank you for showing us the way."

Then, while I sat in holy communion, Sananda/ Jesus fully entered my form. Transfiguring his light body through mine, he radiated his light to the world.

**Note:** Afterwards, I felt transformed. My crown chakra remained greatly charged for some time, and I was light-headed. The next morning, still feeling somewhat out of sorts, I worked to synchronize my mind, body and soul with the new light-body frequency.

— *March 25, 2009*

## Warnings for Protection

**DREAMS:** Two or three female Mark-Age Family members warned me that Mark-Age was in danger of attack by negative forces. They had inside intelligence. Immediately I placed a force field of protection around the unit. While I huddled safely with my dog, Cheyenne, in a foxhole, a visible soft-white mist of protection descended and enveloped us completely. When I awoke, I surrounded us with white light and reinforced divine protection for the unit.

In a second dream, I became aware of a water leak dripping from a small area around a light fixture in the ceiling. I ran upstairs and discovered some individuals doing a construction project. Sloppily they had positioned an open water pipe that allowed the leakage. Instead of immediately moving the pipe to prevent further damage, one of them picked it up and deliberately poured the remaining water onto the floor, making the leak worse. I chastised him. When I awoke, again I worked on protection.

**Interpretation:** Both dreams are self-evident warnings to increase our unit's protection during the current energy influx. The female members symbolize the soul/subconscious realm; also, astral coworkers. The construction workers are disaffected or lackadaisical light workers, even saboteurs; the work upstairs also represents activity in the astral realm.

— April 1, 2009

## High Alert

**HIERARCHAL BOARD MEDITATION:** St. Germain contacted me with spacecraft hieronics to transmit transmutation energy. As the beam ramped up, he relayed the following in a lightning quick thought-capsule (paraphrased):

“Consider yourselves on high alert from now till Easter. We are going to send through your unit's force field a series of ultrahigh-frequency energies that immediately will jolt the light workers into a higher step of consciousness. The forceful impact of this vibrational frequency will be beyond what the light workers have experienced before.

“We have carefully planned these experimental influxes to see what each one successfully can hold. After Easter, we will assess each one's capabilities and effectiveness in light-body anchoring, and will determine what we can do next to transfer a higher level to the masses.

“Because of your training at I Am Nation headquarters as a test unit for the Hierarchal Board, we are sending this energy through you first. You must absorb it and hold it, so that we may use you as grounding rods to broadcast it to all the light workers. We need your solid connection in order to plug into the Earth plane. Using your force field as a central server, we can relay the high-level energy impulses to other stations in the network between now and Easter.

“Stand by on high alert. Be flexible in your planning and schedules. Be ready to drop everything at a moment's notice and tune in to these transmissions of light.”

St. Germain then revved up the hieronic rate and channeled through me the first wave of ultrahigh frequency. My physical body literally quaked with the power. I could scarcely handle it, in spite of my decades of training and experience. All my chakra centers, particularly my throat, were accelerated to a higher vibration. Robert and MariLyn both acted as batteries to receive this extraordinary infusion of light.

Slowly, St. Germain manipulated both my hands in universal sign language. I was not privy to every nuance, but I understood several key movements. First, he formed his characteristic signal to implant his personal vibration as Chohan of the Sixth Ray. With the violet flame, he sent through a torrent of transmutation in order to purify and to remove any residue that could possibly impede the implantation and transfer of the new energies. He then sealed the protection of our auric fields, including the dome of white light around our entire property, for this special work. Also, he performed several hand movements to tweak the alignment of my heart, throat and third-eye chakras, so that I could handle the increased power.

He ended the universal sign language by briefly forming the *J* sign (for Jesus) with both hands as he returned them to my lap. He solemnly proclaimed, “This work is for Sananda’s Second Coming.”

It took me a long while to ground back fully into my physical body. I quivered and felt spasms course through me after the hieronic beam was disengaged. I grabbed Robert’s hand to help me dissipate the overcharge and to smooth out the energy flow.

— *April 1, 2009*

## Change during Sleep

**PROJECTION:** As I lay in bed, meditating in the twilight state before dropping off to sleep, St. Germain overshadowed me twice. The second contact, which lasted for some minutes, was full and expansive. The Master projected through me to infuse the light workers with the high-frequency energies he had promised the day before. Much work is being done to raise the light workers during the sleep state, while their consciousnesses are quiet and receptive.

“Behold, I show you a mystery: We shall not all sleep, but we shall all be changed.”  
(1 Cor. 15:51)

— *April 2, 2009*

## Light-Body Projections

**MEDITATIONS:** On April 3rd and 4th, I had two extensive meditations, anchoring my high Self (Motah) aspects to a greater degree than ever before. Each time, the energy infusion was expansive, and pinned me to the chair as if I were in the grip of an intense magnetic force field. I kept broadcasting the energy out to the light workers, to help them hold the new level, too.

Then, on my walk early this afternoon, I realized that this work goes back to what Yolanda intuned for me in the very beginning, when I came on the staff in 1974. That is, in my Sixth Ray function I am unflappable regarding transmutation. For I must hold the vision of transmutation for the rest of my coworkers, so that everyone can move into a higher transformation as easily as possible; and at the same time, I must hold that equilibrium myself and not be affected by the upsets and transmutations that transpire in others as a result.

That poise is coming more to the fore right now, and involves tapping into the interplanetary coordination (the Motah work) for greater assistance in transmuting mass consciousness. As Yolanda told me in late 1993, my mission here at the headquarters in Tennessee “will be to part the veils between the dimensions so the Federation can coordinate and cooperate with the anchoring of light bodies on Earth.” So be it.

— April 5, 2009

## Reprogramming of Consciousness

**MEDITATION:** During a deep and prolonged meditation, I rose into the force field of my light-body head, about two feet above my physical head. From there, offering myself to the Hierarchy as an instrument, I absorbed another series of high-powered energies and projected them into my own auric-physical form and also to the light workers. As I was ending meditation, returning to physical consciousness, I received clearly: “Now we begin the reprogramming of your consciousness from the higher, I Am level of satisfactions.”

— April 7, 2009

## Easter Countdown Begins

**MEDITATION:** Contacted by a space beam around 11:30 a.m., I stopped work and sat in meditation. Sananda, in conjunction with Lord Uriel aboard ship #10, overshadowed me. He announced that preliminary alignments had been effected. Starting immediately, with Passover already having begun at sundown in his Middle East homeland (where he had incarnated as Moses, Elijah and Jesus of Nazareth), he will magnify his light body through his channels of light on Earth. We are on a countdown to Easter resurrections, as indicated in previous communiqués.

From his etheric headquarters on master ship #10, and linked with his ambassadors and commanders throughout the planetary grid of hieronic spaceships, Sananda will send through an almost-continuous radiation of energy for this purpose, as much as individuals safely can bear. Therefore, all light servers should remain on high alert for these projections and maintain a grounded equilibrium to sustain the buildup to Easter.

United with Sananda in this projection, Archangel Uriel of the Seventh Ray provides a complementary feminine counterforce to enfold the Earth planet in a protective force field. Her responsibility is twofold: to assist man’s light-body anchoring, and to balance the devic-

elemental kingdoms while they too assimilate these projections. This applies to nature forces both on a planetary level and as manifested through individuals, since man's four lower bodies are composed of Earth-frequency elements. Sol-O-Man/Mary, Sananda's twin soul, further enhances this complementary balance.

For the next fifteen minutes, the hieronic beam was amplified through my system. I became ice cold, externally and internally, and shivered uncontrollably while I was raised to a higher vibrational frequency.

I became aware then that St. Germain had joined the overshadowing. Acting as my master teacher, he combined his Sixth Ray force with Sananda's Seventh in order to fine-tune my light-body alignment. Within a few minutes, my shivering and energy convulsions ceased. Pulsing steadily through all chakras, my internal motor shifted to a higher gear. The energy radiated through me with complete balance. I broadcast this new frequency to the light workers.

— *Passover; April 8, 2009*

## Seventh Ray Planet

**HIERARCHAL BOARD MEDITATION:** Immediately I reentered the same energy radiation I had felt at the end of my meditation earlier today. My light body, appearing as a gleaming white, formfitting chrysalis, almost acrylic-like, descended upon me and covered my auric field and physical form. Within moments, I came into communion with Lord Uriel. Her loving, feminine, Seventh Ray presence pervaded my higher senses.

For a few minutes, the archangel worked with my light body, securing its anchoring into the third dimension. Then she rose above Earth, expanded her form and stood as a giant, straddling the planet. Lifting her hands above her head, in a Y shape, she gathered from the cosmos a pure stream of Seventh Ray love force and funneled it into Earth.

“Come with me,” she beckoned, “and learn to do as I do.” In my light body I rose straight up into her magnificent multicolored form. I felt as a small child, obeying the mother. Enfolded within her, I stood and raised my arms also in the Y shape. Although I was a small form inside her much larger form, I too funneled divine love into the Earth logos. Together we “breathed” or drew in the cosmic light-essence. We implanted it in the Earth to nurture its function as the love center, the Seventh Ray planet within our solar system.

Eventually she stopped, then said to me, “I turn you over now to Zadkiel.” The vibration changed instantly as the Archangel of the Sixth Ray appeared. Suffused with the deep violet flame of my home ray, I joined Zadkiel to project transmutation into the Earth, specifically to transform the planet into its full radiance of Seventh Ray divine love. All energy or substance within the Earth that did not align with this function was burned away as dross, consumed by divine purification, elevated into a higher vibrational frequency.

In my light-body consciousness I realized that this is work I will do for the next two thousand years. For even after Sananda returns and reestablishes his spiritual government for the

New Age of Aquarius, the Earth will require much transmutation to bring it fully into alignment as the love center. In my ongoing assignments with the Federation of Planets, through Motah, I will serve this future work to transmute Earth fully into the fourth dimension. So be it.

Imbued with my Motah light body, I came out of meditation utterly transformed.

— April 8, 2009

## **Battle against Dark Forces**

**DREAM:** After a prolonged struggle against ghoulish individuals, lower astral forces intent on destroying the light, I achieved victory. I awoke and immediately worked on divine protection for the forces of light on Earth.

— Good Friday; April 10, 2009

## **Lord Michael Inserts Spear of Light**

**GOOD FRIDAY MEDITATION:** Present for meditation at noon were Robert, MariLyn, Larry and Carol Dussair, and myself. Early on, I perceived the presence of Nada, who stood behind us, giving each one in turn her blessing. Repeatedly, I had a vision of a spear of light descending through my crown chakra and pinning my light body to Earth. The spear symbolized wielding spiritual power for speaking truth. It also stood for the Christ army of light arrayed against all dark forces on lower astral and Earth planes. The tip of the spear was made of metal harder than any known to man; nothing could resist it.

Later, I was contacted by a hieronic beam. As the power built, my head was tilted all the way back. Lord Michael, Archangel of the First Ray of Will and Power, suddenly appeared. In a lightning swift motion, he thrust a spear or sword of searing white light into my crown, down through all chakra centers, and directly into the Earth. The abrupt power shock of the onrushing light caused me to gasp out loud several times.

Gently yet insistently, Lord Michael commanded, “My son, you must speak.” He prodded me two more times, until I finally picked up the recorder’s microphone. In the ensuing song, he manipulated the vibrational frequencies repeatedly up and down the scale, instilling Christ light into and through all dimensional planes of Earth, reaching from his highest celestial throne down to the lowest of astral and physical realms, to raise them.

Manifesting the power and will of God, Lord Michael, co-titular head of the Hierarchal Board, had wielded the First Ray sword of truth in this manner to protect and to sustain Jesus in his crucifixion–resurrection ceremony two thousand years ago. He does the same now to help light workers achieve a new level of light-body resurrection this Easter season. He commands all light workers to come forth now as the sons of God, the I Am. He empowers us through the Om Ray [First Ray].

After his song, Lord Michael also channeled a brief message to the light workers. Dr. Hannibal/St. Germain, my master teacher, also spoke. Following are the song and the messages:

### ***Om Ray Now Is Thine***

#### **LORD MICHAEL (sung):**

*Om. Om. Om. Om.  
I am Michael. Om. I am power of light and truth.  
Om Ray. Om Ray. Om power now I bequeath to you with light.  
Om. Now we can be one in light and truth as sons of Holy Om.  
Be the light. You are the I Am.  
I Am light. I Am truth. I Am power of God.  
Om Ray. Om Ray. Om Ray now is thine.  
So it is. So be it. So be it. So be as I Am. Om. Om.*

**LORD MICHAEL (spoken):** I, Michael, am with you, and shall be unto the end of time. Now go and fight with the armor of God, which you are now and forevermore, children of light. Amen. Amen. Amen.

**DR. HANNIBAL:** This is Dr. Hannibal. We have encircled you with the fire of light, as descended from Lord Michael, and we hold you within the confines of this frequency modulation, securely speared into the Earth through this Hierarchal Board focus. Continue to nurture the seed of this light and power in and through all planes and through all bodies of your I Am expression, and hold it during this holy Easter weekend until further notice.

We give thanks for your efforts, as you are one with us in this final push to instill this higher frequency on Earth in this particular seasonal cycle. Be of good cheer, for all is well. All is in divine order. All is under our security blanket.

Greetings from those who know you best from these planes of development, who guide your unit's production; from El Morya through Nada unto Sananda, and all masters and guides at one with you for this holy purpose. Be resurrected! Come forth as the I Am Selves you are, under the command of Michael. So be it. Dr. Hannibal, under Motah relay, over and out.

— *Good Friday; April 10, 2009*

### **Tomb of Metamorphosis**

**MEDITATION:** Five of us gathered again for meditation at noon. I breathed in the white light, then rose into my light-body head, as I had done in meditation on April 7th. From there, I continued to breathe the white light into my auric and physical system, to reprogram my brain for a higher anchoring of my light body. I felt as if I were in a cocoon, a tomb of protected light, going through complete metamorphosis. In this stillness, with single-minded determination and patience in God's timing, I must hold a perfect degree of faith while I undergo the change in vibration.

Also, I performed the white-light breathing for each one present, and for all the light workers, knowing we were being readied for our Easter resurrections. Next, I immersed myself in the violet flame of transmutation.

In my light body, I was projected aboard Dr. Hannibal's mother ship. I found myself in a large gold-lit control room, a nerve center for interdimensional coordination. Everything was quiet, even though crew members were busy with their tasks, moving among lighted consoles and instrument panels. The atmosphere was hushed, as one would find in a library or a hospital ward.

Dr. Hannibal then stood in front of me and examined me, assessing my light-body metamorphosis. The scene reminded me of a doctor's office: while I sit on an examination table, the doctor stands before me, moves my head right and left with his hands, and gently checks my throat glands and other areas. Only Dr. Hannibal was palpating energy patterns and vibrational lines of force in my higher chakras. Momentarily, he said to me, quoting Paul the Apostle: "Be ye transformed by the renewing of your mind." (Romans 12:2)

The statement hearkened back to the one I received on April 7th: "Now we begin the reprogramming of your consciousness from the higher, I Am level of satisfactions."

When Dr. Hannibal finished his assessment, he stated: "Twenty-four hours." That is, the metamorphosis would take another twenty-four hours, till Easter Sunday. He then ordered his staff to give me a treatment, to tweak an adjustment of the light-body energy. Someone turned a hieronic dial, as it were, and my vibrational rate subtly changed. I remained in this gentle radiation for several minutes, until the meditation ended.

— April 11, 2009

## Our Higher Works Begin

**EASTER MEDITATION:** Present at noon this Easter Sunday were Dr. Robert and MariLyn, Larry and Carol Dussair, and myself. As soon as we entered meditation, I saw a dome of sky-blue light hovering over me, indicating protection and security. My Motah light body, configured as an etheric space suit of light, descended upon me and locked firmly into and through my physical form. It was the strongest, most secure anchoring of my light body that I've ever experienced. As the energy of the overshadowing increased, I was told: "To take this new step in your resurrection, you must vocally channel your high Self."

I was stunned, and I questioned this instruction to verify its accuracy. But the contact grew stronger, and again I was told I had to do this if I wanted to step forth into a new resurrection of my light body. It was time, yet it was my freewill choice. After the instruction was repeated a third time, I finally picked up the microphone, double-checked my inner signals, and awaited the moment.

The following channeling, delivered initially in a deep, otherworldly voice, changed remarkably in tone and rhythm as the vibrational frequencies became aligned through my physical vehicle. Two other communications followed, from Sananda and Dr. Hannibal.

**MOTAH:** [Intoned:] I am Motah. Motah speaks through my incarnated self of Federation influence under code name Phillel. I step forth and bring you glad tidings of love. *Love God and Love One Another*: this is the code from our master and way shower and planetary ruler, Sananda, he who resurrected as Christ Jesus two thousand years ago.

We have aligned our frequencies into a new synchronicity with our masters and guides of etheric and celestial levels. In these preceding weeks we have been brought through many trials and temptations and experimentations to reach this new level of vibratory alignment with light-body consciousness. And now as Christ Jesus/Sananda has said so often through the functions of this externalized Hierarchal Board focus: “All these things that I do, you too shall do, and greater things than these; because I bring unto you the gift of the Holy Spirit, your own I Am Self.”

It is through the 144,000 elect, minimum and symbolic — because there shall be more — that Sananda magnifies himself to bring through his Second Coming demonstration unto mankind and all life forms on Earth. So, be prepared! Our higher works begin!

**SANANDA:** This is Sananda through my channel Motah, to all my light brigade who so willingly and with receptive consciousness have come now into this new scope of works for my Second Coming. In you all, I am well pleased. In you all, I require greater discipline to channel through a higher invocation of *Love God and Love One Another*. So may it begin now with this resurrection of your I Am Selves through your atomic essence of mind, body and soul.

I hold this for you, for I am one with you; and you in this I Am are one with me. It can never be torn asunder, this unification, from this moment until I stand with you in materialized form on your dimensional realm. So it is, and so I speak as planetary ruler. This is victory of light! So may it be, and so it is!

Now go as one and bring unto my children, my flock, the glad tidings and the good news. For we take what I have achieved two thousand years ago and now bring it into new works, new patterns of light, so that all on my sphere can be reached and can be raised, just as you are now raised.

This I now speak through my channel of light, he who steps forth to you now under code name Motah. [Intoned:] *Mo-tah!* Be now transmuted into this glorious love that I share with you. Amen. [Sung:] Amen. Amen. Amen.

**DR. HANNIBAL:** This is Dr. Hannibal, master teacher of this channel, my son whom we work through as code Motah. All Earthlings remember well the moment that your astronauts set foot on the moon in 1969. We evoke this image for you, because here aboard my master ship #1235, mission control, we too, as your Earth Mission Control those decades ago, now rise up and cheer and applaud the landing of light on Earth! So, join with us in this revelatory moment, and appreciate the landing that has been achieved this day, for this Easter resurrection.

God bless you, each and every one. Your master teachers, singly and collectively, bless and embrace you, and anoint you with this movement of light. So be it. Dr. Hannibal, over and out.

— *Easter Sunday; April 12, 2009*

## **Adjusting to Light Body**

**HIERARCHAL BOARD MEDITATION:** My Motah light body overshadowed me, producing many new, subtly unfamiliar sensations. The fluid energy patterns were coalescing into a more solid substance. Obviously I was still adjusting to the higher vibrations of my Easter resurrection experience.

Toward the end of the meditation, St. Germain overshadowed me briefly, indicating that he was overseeing the jelling of my light form as it anchored more firmly through my physical vehicle and absorbed its vibrational frequencies to a greater degree than ever before. My master's contact stabilized my frequencies and enhanced the light-body anchoring.

Suddenly I realized the apt analogy. It took Jesus at least several hours to adjust to his fourth dimensional form after his resurrection, before he was ready to interact solidly with the third dimensional world. For example, in that delicate adjustment period, when first encountering Mary in the garden, he cautioned her not to touch him, as he had not yet “ascended.”

I am undergoing a similar adjustment — to a minor key, of course — over a period of days since my own light-body breakthrough at Easter. My newly resurrected frequencies have not yet jelled; but they will, once the light-body anchoring gains more substance in this dimension. When that occurs, however long it will take, then I will have a clearer direction, a more substantial force available to perform whatever new works Spirit requires. Again, it hearkens to Jesus' pattern: once he became synchronized completely in his light body, he could perform new works to prove his resurrection in the ensuing forty days, interacting directly with his disciples until his ascension.

Afterwards, Robert and MariLyn shared that they had had similar light-body experiences in their meditations. Robert even had received the exact same insight about Jesus and his adjustment period after resurrection. Truly we are being transformed.

— *April 15, 2009*

## **Class Assignment**

**DREAM:** In a college engineering class, the eminent professor assigned all of us students a challenging, even mysterious, problem. On each of our desks were a number of tiny metal parts: gears, wheels, discs, rods, and so forth. We were given no clues, no starting point, no instructions other than to solve what to us seemed a total puzzlement.

However, as I inspected and tinkered with the small pile of parts, I figured out the key to unlock the whole assignment. The mystery suddenly became clear: we were to build a small model of a vehicle. Excitedly I told everyone in the class, for another hidden clue was that we were to cooperate in building the vehicle. Each one had a set of parts that could be fitted in a certain way and pattern to create the whole design. Together, we worked on the model. When we completed it, we took it to another building to show Yolanda.

**Interpretation:** The “vehicle” is the light body; the “model” refers to the pattern we are setting for others to anchor the light body on Earth. One of the keys to this challenge is cooperation amongst light workers.

— April 16, 2009

## Earth Supercharged

**DREAM:** Without warning, a massive new electrical phenomenon burst upon planet Earth, instantly supercharging the atmosphere and all physical matter. People everywhere panicked and ran for cover. I sought refuge in a large office building, only to discover there was no place to escape the high static charge that permeated everything.

People reacted in multiple ways: some lost their sanity, went berserk; others walked around in a dazed state, or became catatonic. A few tried in vain to insulate themselves by standing on rubber mats or by wearing rubber-soled shoes, but the electricity still penetrated.

Although affected, I remained balanced and handled the charge better than anyone else around me. The electrical phenomenon was not ephemeral, but was a permanent, new reality.

**Interpretation:** The influx of higher spiritual energies is beginning to penetrate mass consciousness, first on inner plane levels. Nothing will remain the same. Everyone will be affected. Beware of the reactions.

— April 20, 2009

## Harmonic Eddy

**HIERARCHAL BOARD MEDITATION:** Overshadowed by Sananda, I was filled with the divine peace and love of the Seventh Ray. Intuning with the Master, I received the phrase “harmonic eddy.” To reinforce what had been introduced and achieved initially with the Easter spiritual breakthrough, the Hierarchy would send through a series of waves or ripples of light to inculcate the higher vibrations into mass consciousness during the rest of the spring cycle. These currents or “eddies” are a harmonious amplification of the vibratory frequencies we successfully have grounded, but now must hold and work with from a new balance of light-body consciousness.

Although harmonizing with the initial bombardment of light we had experienced Easter weekend, the rippling effect of these energy waves would be gentler, expertly timed and managed, so as not to shock or unsettle an already precarious balance in the mass thought mind, which is showing signs of increased stress. To use a cooking analogy, the new ingredients of light will be “folded” into the mix of mass consciousness, not whipped or vigorously stirred.

Along with the exchange with Sananda, I experienced an overshadowing of my Motah light body. Also, I was placed under a hieronic beam. The electromagnetic energy increased substantially and revved up my throat chakra, so much so that I thought there might be a vocal channeling. However, I never received a confirming go-ahead signal, so I simply passed the energy through and projected it out to the masses.

When the meditation ended, I noticed that my heart chakra also had been greatly expanded as a result of Sananda’s contact.

Later, I consulted a dictionary to see what hidden code might be revealed in the unusual turn of phrase “harmonic eddy.” Here is the result:

*Eddy*: a current of water or air running contrary to the main current, especially a circular current or whirlpool; something moving similarly; a contrary or circular current (as of thought or policy).

*Eddy current*: an electric current induced by an alternating magnetic field.

*Harmonic*: an overtone, especially one whose vibration frequency is an integral multiple of that of the fundamental; a component frequency of a complex wave (as of electromagnetic energy) that is an integral multiple of the fundamental frequency.

As an adjective, *harmonic* also means: harmonious; of an integrated nature, congruous.

Thus “harmonic eddy,” applied in terms of spacecraft hieronics, infers the amplification or multiplication of the original energy current that the Hierarchy implanted at Easter. It is an “eddy” because it runs contrary to the main thought current of mortal mass consciousness; it is “circular,” in that it reinforces itself in a wave motion.

**Note:** Our May-June newsletter, which comprises the intunements and messages through Easter, will be mailed tomorrow, May 7th. Thus, the general Family membership will receive our current information and begin to amplify it through their own thoughts and experiences. More light workers will be apprised of this work and will act as a harmonic to the central note coming from I Am Nation headquarters.

— May 6, 2009



## **Second Coming Resurrections**

by Phillel

**T**he Second Coming heralds not only the return of Sananda as Christ Jesus, our planetary way shower, but also our own second coming resurrections into the eternal light form. For we are following Sananda's pattern of resurrection and are merging our light-body frequencies with his as he gradually makes his redescent in the years ahead.

The following excerpts, channeled through Nada-Yolanda, are taken from our University of Life booklet *The Second Coming: Personal & Planetary*. As we focus on these guidelines, we tune up our vibrations further and build a strong thought pattern to project to mass consciousness in preparation for the Second Coming.

### **Sananda Will Accelerate Each One**

“When the time does come for this great manifestation of truth and light and the entire raising of the planet in one single accord, I can make myself felt through every vessel, through every cell which does reside upon the Earth. By this resounding note it becomes amplified through every single individual who raises himself up at that moment into his own Christ consciousness — which is one meaning of the Second Coming, that of his own Christ consciousness — and allows my individualized Christ embodiment to occupy, to accelerate and to transmute the vessel simultaneously. . . .

“I give you all strength that is in me, for I occupy you when you will it. As I occupy your consciousness and your plane of development, I accelerate and change you into that which is good and united with the Christ Self in me.”

— *Sananda; September 24, 1968*

### **Impact beyond Calculation**

“No one is able to comprehend fully the impact that [Sananda's] return in his light body will have on the planet's future evolution into spiritual expression. He alone can inject his special role and mission that will trigger untold expansion of consciousness. Its magnitude is beyond calculation.”

— *Nada-Yolanda in communion with Sananda; June 27, 1984*

### **Invoke Love Power**

“As I return unto the force field of Earth over a period of short years, I can return only through love and by the love power invoked for me and my mission concerning Earth. Those who cannot love me by name must transmute these feelings of negativity, and love me for the

works or the desires of upliftment for the race which are done in my name. . . . The planet and the vibration of the planet have to be changed radically and sufficiently for it to sustain the new bodies and frequencies of the fourth dimension as it comes into completion on Earth in the next cycle of evolution.”

— *Sananda; October 20, 1969*

## **Light Workers Are Balancing Rods**

“When a master, planetary ruler such as Jesus the Christ is to make his final or permanent appeal for guidance on all levels of manifestation in a plane or planet, it becomes necessary for his entire band or unit of coworkers to bring about the demonstration of full manifestation. . . . It is necessary to bring about a balance or a grounding rod of many who can hold the entire vibrational frequency of the race which he is bringing into higher evolvment. . . .

“So, when it comes time for us to bring about the physical manifestation of the planetary leader, we gather as force or unit in oneness to hold in balance, by example and by demonstration, for those many millions who have yet to comprehend even all that we have accomplished and we are growing toward, in order that we act as a middle weight or balancing rod for the lowest unto the highest.”

— *Djwhal Khul; October 3, 1962*

## **Compatible Frequency for Changeover**

“When my channels of light are ready, they will be able to join in consciousness simultaneously and at various points around the globe and produce a light form radiant enough to bring about a frequency compatible to and sympathetic with the light frequency of my present evolution and development in the Hierarchical Board function as Sananda. . . . All men upon the planet and all life form and frequency of the planet itself are to be readied for the changeover and the gradual, evolving participation in instantaneous guidance when it is necessary and proper.”

— *Sananda; September 17, 1969*

## **Simultaneous Demonstrations**

“Your most immediate commendation is to bring yourselves into that alignment where one and all are seeing and being that light body simultaneously in action throughout the Earth planet and effecting the same decrees, plans and goals at the same time throughout the entire planet. This can be only by my instigation at this particular time. . . .

“If I can project simultaneously through multiple channels, and all will allow this expression to become manifested, they will bring about the amplification of their own light bodies at once and, foremost, will bring about my second appearance upon the Earth in the etheric, spiri-

tual body of fourth dimension frequency in multiple places and times simultaneously. This then will accelerate the activity upon the Earth.”

— *Sananda; April 22, 1970*

## **No One Knows the Hour**

As given in the Holy Bible and throughout Mark-Age channelings, no one, not even Sananda, only Spirit Itself, knows the hour when the Second Coming will be fulfilled on Earth. However, given that the time cycles in our solar system prescribe a certain manifestation of the Aquarian Age, we have been given general clues.

On April 21, 2000, Sananda channeled: “I shall be involved daily, as you record time on the Earth, for the next twenty years. This does not negate the possibility of Spirit’s determination about the redescent or reappearance of my individual Christ light for all eyes to see and ears to hear. However, according to my limited ability to know each step of the way and each moment of the plan, I commit myself to relying on a slow second coming of Christ demonstrations by a small segment and the Second Coming of my personal, individual fulfillment as the master teacher for this plane and planet.

“No one knows the hour. . . . Everything depends on the accumulated conscious and sub-conscious understandings and abilities of the total here on the Earth and throughout the astral planes for the following corrections or advancements, as the case may be. . . . Before the actual Second Coming, every eye must see the realities and hear the harsh truths which are inevitable and irrevocable. This is not mine, it is not the Hierarchal Board’s, it is not the angelic kingdom’s privilege or decision. It is Spirit’s will and way only according to the highest good for every single creation on this planet and throughout this solar system.”

On April 23, 2000, Archangel Uriel added: “You have been told, and it is true, that [Sananda’s] redescent or Second Coming in the light body is impossible for any creation to know as far as time, place, method and form. This is because only the Universal Consciousness of the one and only Godhead, which summarizes all that has ever been created and all that ever can be created, can open the doorway for multitudes to know and to behold.

“It is so necessary, therefore, that all who can conceive of these messages from those of us who are the agents of that Godhead, accept and bow to the will and the way of Almighty God. The accumulated love and desire for this are the only factors that can fathom all that is given here and which shall open the heart and the mind of our Creator, who alone unlocks the door and opens it for this coming event.”

On December 11, 2002, Sananda gave one final clarification. He alluded to his promised Second Coming “in the next twenty to forty years.” Thus we are well on the road to Sananda’s return and to our own light-body resurrection. As John said at the end of Revelation: “Amen. Come, Lord Jesus!”