

I AM NATION

newsletter

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Motah Chronicles

via Phillel

Since my dreams, meditations and hierarchal communiqués unfolded as a sequence of events during the energy influx of this spring cycle, I present them here as a chronicle.

Instructions from Sananda

DREAM: Sananda arrived and sat down at a small table across from Robert and me. He was congenial, gracious, brotherly, and he appeared much the same as he does in the favorite image of Jesus that we often publish in our literature, with long hair and a beard, and wearing a white robe. He gave us instructions in a low-key, matter-of-fact manner. At one point he requested that I write down his next set of points, which in general had the theme of spiritual evolution.

When I awoke, I could not recall one single thing he had said, but the feeling of his peaceful and loving presence pervaded my consciousness.

Note: Having a dream contact with Sananda is a very rare event for me. Over the past thirty-six years I can probably count the number of times on my fingers. At noon I sat in meditation, to intune any guidance from the Hierarchy. As the energies accelerated, I felt an overshadowing of my light body. Sananda contacted me and channeled the following message.

— February 29, 2008

Spiritual Energies Released

SANANDA: A testing of waters has begun, and a new series of evaluations is forthcoming during the focused demonstrations of Easter resurrection. Hail to the I Am within each one, whose light-body comportment must be evidenced in this time of now. I am Sananda, on Motah-impacted relay through Dr. Hannibal, to my charges assigned in hierarchal service on Earth.

Willingly we report to our beloved disciples from our etheric command posts that a new push of spiritual energies, designed to amplify your light-body resurrection experience, may now be released unto you.

I speak both to astral and Earth counterparts in my light brigade, as there can be no infusion of solar energies that can affect one but not the other as the dimensions are merged in our movement upward and forward into a higher synchronization with the etheric influences that encompass all planetary and dimensional departments in this solar system.

Behold the Christ within you, and that focus will transport your consciousness into these new realms of light now being concentrated on all aspects and levels of your transmuting particles. Your disciplined action and thought, augmented with love, will bring you further through the veil of mortal incomprehension into heightened awareness of your purposes and responsibilities as sons of God implanted on Earth for the resurrection of light in this Second Coming program.

We have prepared our outlines, have intimated our instructions in all manner and means for your able intunement. Our practice sessions have alerted you, through meditation and dream and contemplation, that we now must advance the next chapter of our lesson plan. We request your active attention as the good and capable students that you are and must be, as these plans and procedures are formalized by your studious participation in the ever-evolving university of life to raise the Earth planet from third into fourth dimensional vibration.

My plans for your participation as representatives of all segments of mass consciousness are many and will be advanced downrange toward our mutual goal of the Second Coming.

I can only proceed most effectively with your sincere receptivity and participation in these efforts afforded through the hierarchal chain of command. Therefore, the roles you play are integral, never to be mistaken as inconsequential in any way; for my Second Coming redescent relies or is hinged upon your participatory demonstrations to return yourselves, through Spirit's activation, to I Am consciousness. It is mutual in every respect.

Your consciousnesses and demonstrations provide the necessary force field by which I may reenter your domain in fully materialized form to assume my rightful presence and command role to lead you into the externalized government of the I Am Nation on Earth. So, you play your role as I play mine, and together we cocreate with Spirit to fulfill the planetary demonstration.

These end times are far from over. There is more work ahead than you possibly can imagine in your mortal awareness. But as the transmutations and struggles of Armageddon play themselves out and resolve themselves via karmic rebalancing, you each can deal only with the work in front of you each day, each step of the way. That way is being made clearer as you rise into closer union with your I Am Self. The Good Father, in His abiding grace, has prepared the path for your return to Sonship. He has given you to me as charges, and I beckon you to my enfolding light and draw you closer to my sacred heart.

You are not alone, for I am with you, walking ahead and beside you, supporting you on this path of return. The magnetism of my divine love pulls you gently forward, if you will it. Come now and follow my call to resurrection of the I Am light within you.

Prepare now for the acceleration we have outlined for your ongoing service in these times of now. Be cheerful, and rejoice with us — and with all angelic hosts and fellow servers in the light brigade throughout this solar system — that we have come to the inauguration of this step. Be confident, as I am, that you can take this walk with me into the New Era. Be one with me, as I am one with you. Activate this oneness within all in your orbit of influence of Earth planetary matters. For I am one with all, all are one with me, and into the Father's oneness we return in full demonstration.

You have now your homework to do. Learn your lessons well. Be good students and do the work assigned to you at this grade of your development. Then we shall convene class again and take up higher matters that lead to your graduation into I Am beingness. Hail to the Christ in thee! I am Sananda, your way shower and teacher, providing the clear way. Class dismissed. *Om.*
— February 29, 2008

Hieronic Projections

HIERARCHAL BOARD MEDITATION: After doing projections to the East, to break up negative thought crystallizations especially in the region of Iran, Afghanistan and Pakistan, I focused on my role under St. Germain/Dr. Hannibal in the Western Hemisphere: holding the conscious balance and understanding of the spiritual evolutionary program intact here while the Eastern Hemisphere undergoes major cleansings and changes.

Toward the end of the meditation, St. Germain overshadowed me and inserted a laserlike pulse of light via a hieronic beam. I was immediately transfigured by my etheric functions under Motah. Then St. Germain said to me, "I need you for hieronic projections over the next twenty-four to forty-eight hours. So stand by."

Within a few minutes he left my auric field. When I came out of meditation I felt slightly dizzy and nauseous from the rise in vibrational frequency.

Note: Although I had deep meditations over the next two days, and some difficulties sleeping due to inpouring energies, I did not perceive specific contact with St. Germain. I assume any projections occurred primarily through the subconscious or during sleep. Also, a military

confrontation between Colombia, Ecuador and Venezuela was resolved diplomatically. Terrorist attacks occurred in Jerusalem and Baghdad.

— *March 5, 2008*

Washington, D.C.

DREAM: Mark and Yolanda drove me to Washington, D.C., on a retrospective trip to review channeled information and projections from the Hierarchy to that area in the 1960s. Near the U.S. Capitol, they pulled the car into the exact same parking space they had used at the time Sandra had delivered an important communication. The spot had been marked precisely with an arrow on a map, and I even confirmed it with a GPS reading.

Interpretation: When I awoke, I was impressed immediately to review Yolanda's intunements regarding Washington, D.C., as therein lay the clues as to the importance of my spiritual projections at this time. These intunements [see box on page 5] were published in the booklet *New JerUSAlem* (1967) and in the University of Life course *Eagles Are Gathering in New JerUSAlem* (1976). Both publications are out of print.

— *March 9, 2008*

Power Point: Washington Monument

MEDITATION: Clamped with a strong hieronic beam, I stopped working and entered meditation. The projection continued for at least a half hour. Though no specific information was given, I sensed that the projection was to our government situation here. The main image in my mind's eye was of the Washington Monument (an obelisk, hence a spiritually significant power point); so, I just beamed out the energies as they came in, knowing they would have beneficial effect. During this, I also felt subtle waves of nausea (for the second time today), as my vibrational frequencies were brought into alignment with the beam.

Note: Republican presidential nominee John McCain, speaking at a political rally today in Georgia, half-humorously referred to Washington, D.C., when he stated: "I'm telling you, it's harder and harder to do the Lord's work in the City of Satan."

— *March 11, 2008*

WASHINGTON, D.C.

“The atmosphere in the nation’s capital and its outlying districts is very disturbing: confusion, hustle without spiritual significance, roads which are more a maze than routes for transportation. There is an ominous feeling regarding the safety of this city.

“If the children of light want to do anything regarding Washington, they must work at sending constructive, positive light into this area. As it now stands, it is impossible to think and to act clearly in the confusion of the area. Those who are here to work on a physical basis desperately need help. This cannot be done by negative criticism, denouncements and such feelings as anger and self-righteousness. That technique of a free and democratic people has been tried for 150 years, and the resulting atmosphere is thick with thought forms and energies of self-dependence and self-willed plans.

“The collective consciousness has need to be unified. It can be unified in a permanent, satisfactory and constructive way only through love and spiritual ideology, a dedication to the will of God and not the will of self-inflated egos. . . .

“[Light workers] must begin consciously to utilize their powers of love-life and light forces through their representatives in the District of Columbia. . . . These representatives . . . now cannot receive even right thought and know right action, unless the spiritual workers begin consciously to cleanse the polluted atmosphere in which the government agents work. This only can be done for now in thought, or through the mental realms. . . .

“If this concept is not carried through to its logical conclusion by those who recognize and accept the need, know of the power and have this power at their command, there will be a collapse in Washington, some form of tragedy, some cataclysm; which does not refer necessarily to a natural holocaust, but to that realm of thoughts and thus of human acts.”

— *Intunement via Nada-Yolanda; October 7, 1966*

“Washington, D.C., must express the Fourth Ray of Crystallization and Manifestation. . . . Four represents the completion on the physical. . . . Washington, D.C., itself is not a spiritual focus. It is the physical focus through which the spiritual ideal is being manifested or crystallized in a material way. Washington has a physical job to do, and the men associated with government and planning for the nation and the world cannot divide their energies, at the present time, by concentrating on the spiritual plan. They must receive spiritual inspiration, assistance and projections from the light workers.

“Then the leaders and the workers in Washington will perform a spiritual mission in a concrete and physical manner, which is the demonstration Washington is to make for the planet as a whole in the Latter Days. It is to express true brotherly love for mankind on Earth. As our government will express this, it will inspire other governments to follow in like manner. This city is perhaps one of the most important focuses on the planet. It represents a form of government very acceptable to the spiritual Hierarchy of our solar system. Although not the ultimate in government, it is a method by which good can come and be done.”

— *Eagles Are Gathering in New JerUSAlem; July 1976*

Fulfill Sananda's Needs

DREAMS: My father asked me, “How long are you going to live?”

“As long as Sananda needs me here,” I replied. “And if that’s fifty more years, so be it.”

In another dream sequence, I went with my mother to visit my grandmother (long deceased). While she talked with my grandmother on the couch, I conversed with several children whom my grandmother was babysitting (which she used to do when incarnated). I asked one beautiful blonde-haired toddler her name and age. “Emily,” she said. “I’m four years old.”

Then Emily asked me, “How old will I be when Sananda returns?”

I thought a moment, then replied, “You’ll be twenty-four, or perhaps thirty.”

— *Palm Sunday; March 16, 2008*

Close Ranks

HIERARCHAL BOARD MEDITATION: This is Holy Week, prior to Easter. Overshadowed by my light body, I linked with Sananda, honoring three of his aspects: as Gautama Buddha for the East, and as Christ Jesus and Moses for Western civilizations. The radiation of each aspect stems from his unified light-body presence as Sananda, which he now projects into and through each soul on Earth.

In the midst of my light-body projections to mass consciousness, suddenly I received this urgent instruction: “Close ranks for the onslaught that is coming.”

“Close ranks” has the obvious military connotation for protection and for orderly maneuvering. Does the “onslaught” refer to the spiritual energies now bombarding the planet from the higher planes, initiated for the Easter season, for which we must remain entirely balanced and focused? Does it refer to the onset of negative seepages and reactions in mass consciousness, and from the lower astral planes, which will be unleashed in response to the spiritual bombardment?

No explanation was given. But the sentence is encoded and can be plumbed for deeper meanings. It is a clear warning to the light brigade.

About fifteen minutes passed, and my light-body communion with the Hierarchy grew. Finally, I received this follow-up: “This is one of the evaluations Sananda spoke of in his communication of February 29th.” [See page 2.]

The Hierarchy has been monitoring the thought temperature of mass consciousness, gauging how each soul is responding to the release of the Easter/spring energies to stimulate evolutionary progress. They see what is coming. Therefore, “close ranks,” gather your protection, remain balanced, prepare for the “onslaught,” on all levels of its meaning.

With this, I reinforced our spiritual protection, beginning first with our I Am Nation force field. Using the transmuting violet flame of my innate Sixth Ray beingness, I swept the area clean. In the light body, I joined with the interdimensional space forces over our property. In my inner vision, I saw a solid metallic dome — as if made of shiny stainless steel — instantly descend and envelop our entire force field, securing our protection, locking out any nefarious influences. We are prepared for the coming days.

All, take heed. Forewarned is forearmed with light.

— *March 19, 2008*

Universal Spiritual Principles

DREAMS: In one dream, a fierce storm raged outside; winds howled and rain came down in sheets. But Cheyenne, my dog, and I were safe inside, protected.

In a second dream, Robert and I attempted to teach several hundred people who had gathered in a large auditorium. A core group listened attentively, but others were distracted or were milling about, and a certain percentage lost interest and left.

To those who would listen, I spoke of the universal spiritual principles that are inherent to all religions. Whether one was a Buddhist, a Muslim, a Jew, a Christian and so forth, I explained, esoteric teachings may be found within each tradition. I gave several examples, including Mahayana Buddhists, Sufis of Islam, Cabalists of Judaism, and metaphysical Christians, such as adherents to Unity School of Christianity.

— *March 20, 2008*

Coordination With Yolanda

DREAM: Yolanda and I, alone in an office setting, were doing a project together. When I awoke I did not bring back the details.

Note: The week after Easter, I retrieved from the storeroom Yolanda's unpublished manuscript entitled, *Channeling: A High Way to Cosmic Consciousness*. As I read it, I felt communion with her several times.

— *Good Friday; March 21, 2008*

Testing Thought Atmosphere

MEDITATION: Dr. Hannibal contacted me with a hieronic beam, initially causing minor waves of nausea to pass through my system as my four lower bodies adjusted to the dramatic vibrational change. In my light body, I projected high into the stratosphere of the Earth. From the

etheric I became aware that the Federation fleet, networked as one matrix, is currently testing the planetary thought atmosphere. Many thousands of ships are involved, simultaneously projecting higher frequencies into and through receptive instruments everywhere on Earth. The light workers are acting as grounding rods during this Easter weekend.

The spiritual Hierarchy is beaming out an ultrahigh radio frequency, as it were, which gets stepped down through the astral and physical levels, and reaches first those on Earth who are capable of raising themselves vibrationally to receive that bandwidth. We here are able to step down those vibrations further, to broadcast to everyone within our orbit, and hence ultimately to every soul on the planet. By these thought readings, the ascended masters will gauge the current status of mass consciousness and will determine what resurrection energies they can safely bring through to humanity during this spring cycle.

I had the impression that a report on the testing might come later.

The space beam lasted for approximately twenty minutes. As typically happens, my hands became ice cold. As the beam gradually was disengaged, I felt gripping sensations in my solar plexus. Several times, decidedly cold chills ran through my entire nervous system; a symptom I have rarely felt. Afterwards, when I shared the experience with the group, my emotions momentarily overwhelmed me; another reaction in my system to the vibrational impact of the hieronics.

Note: Light workers should be alert to the signs and temporary symptoms of this hieronic testing: nausea, dizziness or light-headedness, mental discombobulation or lack of focus, emotional sensitivity or irritation, nerve inflammation, fatigue, sleeplessness and/or sleepiness, disturbing and/or uplifting dreams, exhilaration, chakra stimulations, enhanced psychic powers, and so forth. Therefore, remain balanced in your four lower bodies: mental, emotional, astral, physical.

— *Good Friday; March 21, 2008*

Christ Talents Reactivated

MEDITATION: We gathered again for a group meditation at noon, to anchor the incoming hierarchal energies and to participate as receptive instruments in the ongoing testing of the planetary thought atmosphere. For a long while, I felt a soothing, balancing, healing downpouring of light. My resurrected, Christ body enveloped me in the form of a close-fitting sheath of translucent, milky white light, and the vibrational frequencies of my four lower bodies were slowly brought into alignment. In my inner vision, I saw tendrils of white light interlocking or interweaving with the cellular and atomic structure of my physical and auric form.

While this occurred, I was in a state of gestation. I recognized the presence of angelic forces who were guiding and controlling this reconfiguration or transformation of form. I also realized that this must have been the same process — albeit very accelerated in his case — that Jesus underwent during the three days of darkness in the tomb, where the light body was being prepared to reabsorb and resurrect his physical form.

Next came the following impressions: During this Easter resurrection cycle, the light workers as the advance guard are experiencing the very delicate process of anchoring the light body more solidly into the third dimension. This new step in light-body development will have a great impact on our I Am demonstrations.

From this point forward we will open to new (that is, reactivated) Christ talents and more evidential manifestations of our specialized soul missions for the Second Coming. Because we each are unique and have different but coordinated functions to perform, this impact will affect us in different ways. But many will begin to experience greater clairvoyance, clairsentience, clairaudience, healing powers, transfigurations, bilocations, and all manner of higher abilities associated with a clear intunement with the Christ Self.

While I contemplated these insights, Dr. Hannibal suddenly contacted me with a hieronic beam. My crown chakra was opened wide. The power was amped up and my respiration accelerated; the electromagnetic clamp tugged at my solar plexus. I was transfigured with the fourth dimensional pattern of my Motah functions.

As the power peaked, Hannibal relayed telepathically: “We are attempting closer contact.” Hovering nearby, he then slid right into and through the etheric sheath that my own light body had coalesced around and in my physical form. The ineffable union of our light bodies was exquisite.

Eventually, Hannibal levitated my arms and configured my hands in universal sign language. With his characteristic signature, he manipulated my movements to project his masterful transmutation energy into the meditation group, as a representative anchor point for mass consciousness. After the blast of purification, he reconfigured my hands with open palms. The energy, radiating softly now, smoothly reset the force field. My hands were lowered temporarily to my lap.

Still operating directly through my body, he next lifted my hands, semiclosed now; in one gentle motion he raised them to my throat and, as if grasping two flaps of energy, he pulled my hands apart and surgically opened my throat chakra. The instantaneous energy release was painless but palpable.

With the initiation complete, the hieronic beam slowly subsided and Hannibal departed. In his capacity as my master teacher, he thus has prepared me for my next step as his hieronic/communications channel.

— *March 22, 2008*

Temporary Assessment

MEDITATION: In his introductory remarks, Robert spoke of his image of mankind in the third dimension as being ensnared by a thicket of briars and thorns, which represent the diseased expressions of soul karma and negative thought that man has imposed upon himself. By the love

and the power of our light-body demonstrations, we are helping to free man from his self-imposed thicket of negativity, to bring him into the resurrection of his I Am Self.

In the beginning of the meditation, I worked with this image. Standing outside the thicket, I radiated golden light to those trapped inside. The brambles and thorns are merely crystallizations of negative thought energy. With Christ power and love we decrystallize or dissolve these crystallized patterns, and return that energy into the ethers to be re-formed into new, higher manifestations. Through love and forgiveness we help man remove his “crown of thorns.” We follow the demonstration that Christ Jesus patterned for all of us by his crucifixion and resurrection.

From above, a golden shaft of light suddenly descended upon me. It entered my crown chakra, fully covered my head, and came to rest upon my shoulders. I remained in this vertical shaft of energy the rest of the meditation. Along with the golden light, I became aware of a hieronic beam. My light-body overshadowing increased, and I was transfigured by my Motah space functions. Clairvoyantly, I saw myself clothed in a scintillating silver space suit. The energy flowed powerfully and smoothly, with no jarring reverberations anywhere in my four lower bodies.

Then I came into mental communion with Dr. Hannibal. The primary thought he relayed was encoded in two words: temporary assessment. The Federation space forces are still taking the thought temperature of mass consciousness around the planet, as given in my meditation two days ago. They continue to use the light workers as grounding rods for this testing procedure. From their vast hieronic computer banks aboard etheric spacecraft, they are collating and analyzing the initial results. I had the impression that a “temporary assessment” of the situation may be forthcoming.

I also received the thought that the light-body resurrections this spring will bring expanded powers to Hilarion’s healing agents, among the incarnated light workers, to heal mass segments of Earth populations, especially in regions of encrusted negativity.

— *Easter Sunday; March 23, 2008*

Operations at Maximum Gear

DR. HANNIBAL: Multiple sectors under guidance of my hieronic control, inscribed under Motah protocols, may now be alerted by our assessment of this initial wave of energy implantation for the spring cycle. I am Dr. Hannibal, in conjunction with Summalt, obeying the relay from Sananda’s headquarters aboard ship #10. Our flight operations are at maximum gear, and we may now phase in our vibrational frequencies to augment this descent of higher plane functions in the ongoing resurrection of your light bodies on Earth.

From our view, the thought atmosphere of Earth is a hodgepodge, a veritable mix of the many facets of man’s mental and emotional instability and turmoil, yet with facets of clarity here and there that allow our interpenetration to proceed with utmost care. The light workers are holding our ground as we make incursions into your third dimensional frequency and produce the

hooking point by which we may stitch the two dimensions, ours overlapping with yours, and thereby raise the planetary structure and all life upon it into the fourth dimension.

As you know, this is a delicate and slow process, but one which follows the Aquarian timeline mapped out by Spirit through Its agents who are the controlling influences within this solar system government.

Your light-body demonstrations are highly amplified in these days of now, not only through our efforts spiritually to provide mastership intunement — our I Am Selves stimulating your I Am Selves — but also through the added measure of hieronic assistance by which we can induce additional benefits. Therefore, expect to deal with the symptoms of contact of which you are well aware, and of which you have confirmation both within your force field of operations and from your far-flung associates. [See note of March 21st on page 8.]

We have no qualms that you can utilize these spacecraft energies and can incorporate them sufficiently, if you proceed with discernment, with wisdom, and with patience for the experimental steps you each are taking as you anchor the light body to Earth.

To assist you further, we also are stepping down certain ships under our commands — Summalt's and mine — in order to bring these higher frequencies closer to bear. This was intimated or signaled by our previous contact [March 22nd], when we proclaimed, “We are attempting closer contact.”

The higher etheric craft, equipped with hieronics in order to stimulate and to amplify your light-body demonstrations, must be phased down through astral vibrations. [See *Visitors From Other Planets*, page 211.] Thereby the ensuing effect will be to stimulate, to transmute, to nudge your soul-astral bodies into higher alignment. You may expect concordant experiences in this association, both via dream and astral projection or flight.

We have the cooperation of higher astral forces, including ancestral or native tribes in these levels who help to coordinate our functions both with their own and with the natural kingdoms who also are being affected and being raised by these hieronic injections. El Morya, leading light workers in the astral planes, has his marching orders as well, and is fully cooperative in this coordination with astral tribal influences. Through numerous meetings — we could say powwows, to further the analogy — he too has assessed his preparedness and strategies for this next step.

In sum, we are seeing our way through the vibrational maze that your dimension presents to us. And we are satisfied that we can avail ourselves of a number of avenues. Looking at Earth is like looking at a multifaceted diamond crystal. The facets are the chiseled planes of the stone. Some of these facets are clear, unblemished, filled with the radiation of color and light reflection. Others are dark or cloudy or roughly hewn, awaiting another tap of the diamond cutter before the desired brilliance or clarity is achieved.

Which facet are you? Are you clear, smooth, ready to be displayed? Or will more work be required to clarify your reflection of your I Am Self? No one is perfected yet, to be sure. But we stand ready to assist the Master — Spirit, and your I Am Self — at work.

As we complete this stage of our operations, we then can evaluate the success and will promulgate new actions. Our fleet stands ever ready to help guide your way. We are your elder brothers and sisters, operating in full coordination with your higher Selves and your close teachers and guides.

We now proceed with a greater landing of light in your consciousness. Pace yourselves. Remain grounded. Go with the flow, as do we. We convey our blessings of peace, of love, of harmony, of cooperation with the one Great Spirit who guides us all. This is Dr. Hannibal, speaking on behalf of Motah Council protocols for your enlightenment and encouragement. Over and out for now, as down through the astral we come, engaging your closer union with the I Am. As we see it, so may it be. *Om.*

— *March 25, 2008*

Wailing & Gnashing of Teeth

HIERARCHAL BOARD MEDITATION: With my light-body overshadowing came a soothing, balancing flow of energy. After some minutes, as if a light switch were toggled, a space beam bathed my crown chakra with golden light, instantly shifting the vibrational frequency.

Telepathically I received: “There will be wailing and gnashing of teeth.” This explanation was given: As the higher etheric forces, in conjunction with spacecraft, interpenetrate the astral realms, as relayed in Hannibal’s message yesterday, this acceleration of light will stir up the lower astral planes. Thus beware, for negative reactions will ensue. These reactions will break out onto the physical plane, also, as lower astrals attempt to infiltrate and rile up susceptible consciousnesses under their influence.

Emphatically I was reminded of the message I had received on March 19th, a week ago: “Close ranks for the onslaught that is coming.” The light workers must heed this command. The Hierarchy warned us ahead of time, to prepare us for the negative attempts to thwart the new spiritual breakthroughs.

El Morya then overshadowed me, in order to solidify the vertical linkup from etheric through astral to Earth plane. Mentally he relayed: “Be ever mindful of protection. Hesitate not to use the sword of truth, as needed, to separate truth from error, the wheat from the chaff.”

Ending the communion, he stated: “I am still head of the Mark-Age Unit, standing in for Sananda.”

— *March 26, 2008*

Astral Exploration

DREAM: Part of an undersea exploration team, I donned my scuba gear and, with a female diving companion, descended five thousand feet to the ocean floor. We began making our way through the eery depths to our archaeological exploration site. Twice we came across menacing water snakes, but I managed to move them aside gently with a pole I carried with me.

Coming closer to our station, we discovered two more snakes barring our way. One was huge, the size of a python. I radioed my diving partner to tell her we should stop and return to the surface, as this particular snake would be too much to tangle with right now.

Looking at my depth meter, seeing we were exactly at five thousand feet, I suggested we ascend initially to a depth of two thousand feet, then pause for a while, in order to avoid the bends. We did so. As we finally made our way to the surface, I awoke.

Interpretation: Symbolically, the dream relates to the action Hannibal spoke of in his message of March 25th, to carefully phase down the etheric frequencies through the astral planes. I am tuning in to my participation in this interdimensional exploration team. The snakes represent the dangers in the lower depths of that subconscious realm, which must be dealt with cautiously in order to avoid needless reactions and attacks against the light. Wisdom is the greater part of valor.

— *March 31, 2008*

Biography of Sananda

DREAM: I was assisting Nada-Yolanda on a production project. She was preparing a biography of Sananda.

Interpretation: Through his many incarnations and sacrifices Sananda, planetary prince, provides the pathway for our return to I Am consciousness on Earth. Particularly as Christ Jesus, his crucifixion and resurrection point the way.

— *April 4, 2008*

Gathering Intelligence

DREAM: My role was as a deputy to the female director of the CIA. One of the section chiefs, also a woman, and I simultaneously discovered that the cover had been blown on one of our field agents. For his protection, he needed to be called in immediately.

Independently but at the same time, the section chief and I phoned the Director, became connected in a conference call, and told our boss the news. There were other details to the circumstances of the field agent, but I didn't recall them upon awakening.

Interpretation: The Central Intelligence Agency represents the Hierarchy's secret (hidden, or below the surface) information- or intelligence-gathering functions, now in progress on the astral planes. (Recall, too, that Motah is a code name for the hierarchal government's information sources.)

Recent hierarchal messages spoke of "testing the waters" and taking the planetary thought temperature. Hannibal's message of March 25th informed us of the lowering of etheric ships through the astral planes to hieronically boost the energy implantation during the spring cycle. Other key symbols that signify the astral or subconscious realms are the two women, the DCI and the section chief.

The blowing of the agent's cover telegraphs the riskiness of negative reactions to this spiritual energy influx. The Hierarchy advised us that the lower astral planes (also, our own subconscious-astral functions) would be stirred up. The main message is: maintain spiritual protection.

On a personal level, the dream symbolizes protective actions occurring in my own soul or subconscious patterns, as I adjust to the influx of higher frequencies.

— April 11, 2008

Awaiting El Morya's Signal

DREAM: Mark and Yolanda and I, also Robert, were together in a house at headquarters. Mark told me that when he gave me the signal, I was to convene and lead the scheduled corporate meeting. Later, when he inquired about dinner, I began to prepare a meal for everyone, using supplies I already had at hand.

Interpretation: A clear sign of interdimensional coordination with El Morya/Mark and Nada-Yolanda. I am to await Mark's signal to begin whatever hierarchal functions are scheduled next for the unit (meaning, our group activities and/or my personal consciousness and responsibilities). As El Morya stated in his contact of March 26th: "I am still head of the Mark-Age Unit, standing in for Sananda."

— April 12, 2008

Diamond Crystal Brain

MEDITATION: Entering meditation, rededicating myself to the Hierarchal Board for I Am Nation stewardship, I had the following vision: From the head of my light body, about two feet above my physical form, a most brilliantly shining diamond crystal, exactly the size and shape of my physical brain, was lowered into my cranium and superimposed over my third dimensional organ. This locked into place a solid link with, and a clear flow of energy from, my light body's crown chakra. Thereby the crystal provides a firm anchoring point for all future decrees and visualizations for physical manifestation.

The crystal-clear diamond brain in effect is a symbolic reflection of my light body's brain. The many facets of the sparkling diamond are polished and pure, capable of holding the crystallization of thoughts and images unimpeded from the Christ realm. The crystal clarity also can reflect the purest rays of the etheric color spectrum, as needed, to implant light-body works: to bring a new heaven to a new Earth.

I must hold this vision, for it also anchors in me a higher spiritual faith. My Christ Self says: "By this faith you are healed. By this faith you can move mountains. By this faith you externalize your role as a steward for the I Am Nation and the Second Coming program. Speak and decree in my name, says the I Am, and it shall be done on Earth and through physical matter according to your word."

I then decreed: "Lord, bring forth Your bounteous supply to manifest the I Am Nation on Earth. Thy will be done."

Suddenly I realized that this inpouring of divine faith is the signal from El Morya that was indicated in yesterday's dream. The Chohan of the First Ray of Will and Power inaugurates this new step in light-body realization. This is the rock-solid faith I must demonstrate henceforth in all my functions as a good steward of the I Am Nation.

As I gave thanks for this understanding, the radiance of my light-body brain streamed into the etheric diamond embedded in my physical form. My whole body was filled with white light; the scintillation caused me to tingle from head to toe. Thank you, El Morya. Thank You, Father-Mother God. Let it be done according to Your word, for the highest good of all. Amen.

— April 13, 2008

Greater Tasks Ahead

DR. HANNIBAL: Much like an astronaut of your own Earthbound space program, you rise into our rarefied atmosphere and connect your consciousness with ours and with our craft which are augmenting this hieronic infusion of light. Once your docking is achieved and our interlocking mechanisms are secure, the safe conduit and exchange may proceed with our interdimensional efforts on your behalf. I am Dr. Hannibal, passing over from my realm to yours this informational relay for the ongoing transmutation of Earth and Earth forms in this changeover cycle of time.

We approach a halfway point in our descent of specialized energies designed to elevate your situational awareness as you align your conscious efforts further with our intent at this stage of operations. [*Editor's note:* We are almost halfway through the spring energy influx, to last into June.]

As you successfully grapple with these changing conditions in mind, soul and body, we also have been busy with a positive insinuation of our energetic lines of force. With the lowering of frequencies, we have carefully sounded the depths and have methodically projected our grappling hooks to secure additional anchoring points by which we may feed our hierarchal energies

into Earth planetary force fields, and thereby progressively tug on these higher lines of force and effect a rise in consciousness.

As we proceed with our activities, we are producing a navigational map that enhances our interdimensional teamwork with receptive light workers, both on astral and physical planes, thereby clarifying our way forward. We appreciate and bless our beloved compatriots and students of the light who willingly are participating in these ventures.

We assign you to greater tasks in the weeks and months ahead, as you reach up to interlock your vibrations with ours and maintain a safe passageway by which to anchor your light bodies on Earth. It is with joyous anticipation that we welcome these docking maneuvers. You are powering up and will see your effectiveness increase exponentially as you secure these connecting links with your Christ Selves in these cooperative actions. We in turn are able to funnel a higher force of transmutation into your plane of action.

Be receptive to these experimental designs, or else continue to struggle to maintain pace with the downpouring of light scheduled by the Hierarchal Board for the highest upliftment of Earth for the resurrection of your light bodies and the fulfillment of the Second Coming program in the years ahead. Fill yourselves with light and you will experience the boundless joy in synchronizing with the interdimensional and interplanetary brotherhood; a reality which you must come to know in short order, as measured in your Earth years.

Be then ready to respond to these impulses of light. There is no set pattern in these relays, though they follow the rhythms necessitated by the planetary thought atmosphere as it responds to the inexorable infusion of higher vibrations controlled by the solar logos and by those hosts on higher planes, angelic and etheric, who are coordinating the transmutation of Earth.

Be satisfied that the master plan proceeds apace. Accept your higher responsibilities as part of this teamwork. Be gracious and compassionate to those who struggle in this required changeover, but never flag in your I Am commission to be your brother's keeper. For we are all one in the light and must rise as one, if the transmutation is to take hold and secure this next step for the incoming New Age.

As at I Am Nation headquarters, where hieronic teams are under surveillance of Conrad, commanding space forces assigned by me years ago, all who willingly link with these influxes are provided with and assisted by surveillance teams who can hieronically boost this bombardment of power and light. We are amplifying a pickup in consciousness worldwide, and no area is without sufficient coverage in this energy net.

Let us therefore pass through these harrowing times together, and pass over from darkness into light, from bondage in the third dimension to freedom in the fourth dimension of Christ action with love. I Am that I Am, says the Lord of the universe. Obey these cosmic laws and principles as the I Am beings you truly are, and you will find the peace, joy and freedom that await you: your birthright as sons and daughters of Light, the Most High God. So be it.

I am Hannibal, your brother and teacher, encircling you with protection and light, informing you through Motah hieronic relay; and signing off for now as St. Germain, master of transmutation in this solar system. Om.

CONRAD: Greetings, teammates on Earth at I Am Nation headquarters. I am Conrad, on special assignment from Dr. Hannibal. My crews and I, with good progress, are enhancing your force field. Stay tuned for a progressive energy relay from our space platforms to your physical focal point.

All light workers, take note: hieronic teams are assigned to your particular areas, wherever is found a viable connecting link for the infusion of higher energy. Stay tuned; expect immediate action; see good results. Over and out.

— *Passover; April 20, 2008*

Editor's note: This channeling coincided not only with the Jewish Passover but also with the Buddhist Wesak Festival (first full moon of Taurus) and the final day of Pope Benedict XVI's historic first visit to the United States. All three events signaled high holy days of celebration.

Diary of Dr. Robert

Interdimensional Contacts

Prepare Way for Others

DREAM: Phillel and I, plus other light workers, were on the shore of a tropical island that looked like Kauai, Hawaii. All around us was a natural paradise that was devoid of roads, buildings or other development.

Before us, however, was a sheer rock or lava cliff about five hundred feet high. Knowing we had to climb this obstacle to get the supplies we needed on the island, I levitated in my light body to the top of the precipice where I found a large bulldozer with a twelve-foot blade. Somehow, I knew how to operate it and confidently drove it down the face of the cliff, scraping away vegetation and outcroppings of rock. I created a road at an inclined angle that others could use to descend or to climb the cliff.

Interpretation: Kauai is known as the Garden Island because of its tropical beauty. With the establishment of the I Am Nation on Earth, we light workers have established a foothold in fourth dimensional, Edenic, I Am consciousness. Now we prepare the way for others to follow in our footsteps.

To do so, we ascend in our light body above any remaining physical obstacle, as represented by the rock wall, and then redescend to bring healing, guidance, love. We provide a clear

pathway. We rise up and out of our spine into our light form, then resdescend our spine, which serves as a conduit for transferring the higher energies into all our chakras and organs.

Hawaii is the meeting place of East and West, subconscious and conscious. *H* in Hawaii stands for healing and integration. Hawaii also relates to Lemuria, when we demonstrated our light-body powers while functioning in a physical form. We must be mindful not to repeat the errors of Lemuria, which are symbolized in the biblical allegory of the Garden of Eden. We only have birthed the I Am Nation. Now come the challenges of strengthening and expanding the new heaven on a new Earth.

— February 12, 2008

Young Turks

DREAM: I was an Emergency Room doctor at Healing Haven Hospital in Miami, Florida. El Morya/Mark was the head physician. Four young Turkish men came to the ER for treatment of their heroin addiction. I was disgusted with them and disgruntled about having to treat them, until a wise Turk whose name was Trinity compassionately explained to me how to deal successfully with all aspects of drug addiction. I felt much better and attended to the four young Turks.

Then an ambulance brought in the upper body of a man who was about thirty years old. His lower body had been severed at the abdomen, and his arms also had been cut off. I felt repulsed at dealing with such a person, who obviously would die. However, El Morya/ Mark directed me to care for him. When I did, he began to improve and appeared as if he would live.

Interpretation: For days before this dream, I had felt waves of disgust with the prevalent negativity on Earth. At times, I longed to return home to the higher planes. From the dream, I now knew that at a soul-psychic level I had been picking up on a segment of the youth who were addicted to drugs. Many such youth are highly sensitive and spiritually advanced, but find it oppressive and difficult to live on Earth with its current dense vibrations. So, they resort to drugs. Moreover, drug abuse long has been a problem throughout the world, even amongst spiritual workers.

In my research, I discovered that Turkey is a major distribution center for the flow of opium, morphine and heroin from Afghanistan (where ninety percent of the world's illicit opium is grown) to Europe, Russia and other countries. Situated halfway around the globe from Hawaii, Turkey is another meeting point between East and West.

In my dream, the Turkish man named Trinity symbolizes the Trinity of Father-Mother-Child, and of Sananda-Nada-El Morya who are guiding us from the higher planes. All of us in past lives have contributed in some way to the present addiction to mortal, physical life and all its suffering. So, it behooves us to do everything possible to heal the current epidemic of drug abuse, which at times seems impossible to achieve (as in climbing a high cliff, from my earlier dream).

The body severed at the waist represents the disconnection that mortals have between the upper spiritual centers (crown, throat and heart) and the lower, physical centers (solar plexus, regenerative and sacral); with the third eye representing the psychic window or astral doorway between the immortal and the mortal. Cut off from God, unawakened mankind seeks relief in drugs, fame, fortune and power.

— February 25, 2008

Light-Body Projection to Turkey

MEDITATION: Taken up in my light form to the etheric realms, I communed with Sananda/ Jesus. This experience reminded me of those of Paul the Apostle and John the Beloved. Saul, who became Paul, was born in Tarsus, in modern-day south-central Turkey; he had communed with Jesus on the road to Damascus in nearby Syria, and had preached throughout Turkey. John had been taken up in the spirit on the Isle of Patmos, just off the coast of western Turkey; his Revelation was directed to the seven churches, which likewise were in Turkey.

Linked with Sananda, I hovered over Turkey and then descended in the form of a V to implant love and light throughout the country. With this came the decree: “Get high on God, get high on the Higher Power, get high on your high Self. Then your brain will release its own endorphins (endogenous morphine), which are more powerful than morphine. Love is the key to healing your brain and to ending heroin trafficking and addiction.”

— February 26, 2008

The Golden Crescent

HIERARCHAL BOARD MEDITATION: I felt inspired to forgive the terrorists who blew up the Twin Towers on 9/11. Then, from high in the atmosphere, I looked down upon a large, dark, ugly, oil-like thought form that hung over and penetrated the general area of Afghanistan, Iran and Pakistan. This region is called the Golden Crescent, because its mountain chains form a crescent-shaped route through which opiates originating in Afghanistan travel to Turkey, Europe, Russia, India, China and other countries.

The Taliban controls most of the Afghani opiate trade, which is expanding, and uses its huge profits to fund terrorist activities worldwide. Osama bin Laden and others of al-Qaeda are thought to be hiding in the remote mountainous region between Afghanistan and Pakistan. Moreover, for thousands of years this section of the world has been beset by conflict, wars and man’s attempts to destroy and dominate one another.

Clearly, Spirit intends that we of the light brigade radiate golden light and love to the Golden Crescent in order to dissolve the endemic darkness there. I began these projections but awaited further confirmation, guidance and assurance that I was protected spiritually.

— February 27, 2008

Zarathustra

HIERARCHAL BOARD MEDITATION: Sananda, in communion with me, revealed that the severed body in my dream of February 25th had been a symbol of his lifetime as Zarathustra (Zoroaster, in Greek). [*Editor's note:* Sananda also incarnated as Melchizedek, Moses, Elijah, Gautama the Buddha, Socrates, and Jesus the Christ.]

Commentary: According to modern scholars, Zarathustra lived around 1000 B.C. in Persia (now Iran). At age thirty, he rose into the heavenly spheres where he communed with God, whom he called Ahura Mazda, and with the archangels and the ascended masters.

Upon his redescent, he became the first prophet in Persia to teach about the One God. (Other teachers were polytheists.) He taught: humankind has free will; one advances spiritually through good thoughts, words and deeds; life is a battle between good and evil. He advised the priests of his day not to ingest a potion called *homa*, which probably was some kind of narcotic such as opium, and which they wrongly thought produced spiritual experiences. He spoke of an end time when the forces of light would defeat the forces of darkness, ending mortal life as we know it.

After meeting initial resistance and rejection, Zarathustra's universal truth teachings became the state religion of Persia. By about 500 B.C. Persia became a vast empire that expanded from Iran to include Egypt and Libya in Africa; Turkey and the entire Middle East; and Afghanistan, Pakistan and parts of India. For over a thousand years, Zarathustrianism was a major spiritual force in that whole region.

In A.D. 643–650, Muslim Arabs conquered Persia and supplanted Zarathustra's tenets with Islamic ones. Many Zarathustrians moved to India where they are called the Parsee. World-wide today, there are an estimated 200,000 to 2,000,000 Zarathustrians.

At age seventy-seven, Zarathustra was stabbed in the back with a sword, and killed, by an invading Turkish fighter. One of the most popular paintings of Zarathustra depicts him from the waist up, ascending through the clouds. Moreover, a prominent symbol of Zarathustrianism, the Faravahar, incorporates a winged disc with a man's upper body. These images correlate with my dream of the severed body. [See page 18.] Global healers of the I Am (hence, the code *M-I Am-I* in Miami) are to restore and resurrect Zarathustra's cosmic teachings throughout the area of the ancient Persian Empire, as well as worldwide.

— March 5, 2008

Pineal Gland

DREAM: El Morya/Mark, Nada-Yolanda and Hilarion/ Charles Fillmore told me that my next step was to focus on melatonin, the hormone secreted by the pineal gland. Of the seven endocrine glands, the pineal is the primary contact point with the light body.

— Easter Sunday; March 23, 2008

King of Persia

MEDITATION: After a golden crown was placed on my head, a ball of light descended into my brain and pineal gland. Etheric energy then flowed into my third eye and down my spine to all my other chakras and physical organs.

Inwardly I heard: “You are now the king of Persia.” (Metaphysically, Persia means power, particularly psychic power.) Linked with Sananda, Hilarion and others in the higher planes, I saw myself standing in my light body in the former kingdom of Persia, in the region of the Golden Crescent. As one healing team, we radiated *peace, love, cooperation and coordination* to all in Iran, Afghanistan, Pakistan and surrounding countries.

Love God and Love One Another. Do unto others as you would have them do unto you. Follow in the footsteps of Zarathustra and all of Sananda’s other incarnations. Be healed!

— *Easter Sunday; March 23, 2008*

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